

petition, for which over 164,000 babies were entered, the first prize, two of the eight second prizes, and a fourth prize were carried off by babies brought up on Allenburys Foods.

A Food of great value to those responsible for the care of infants, invalids, and the aged is Benger's Food, the sole manufacturers of which are BENDER'S FOOD, LTD., Otter Works, Manchester. When prepared with fresh new milk self-digestion results, and the degree can be regulated according to the needs of the patient.

Robinson's "Patent" Barley is a favourite in many maternity hospitals and private houses in the preparation of barley water with which milk for hand-fed babies is diluted. It has stood the test of time, and, if possible, is more popular than it was a quarter of a century ago. It is prepared by KEEN, ROBINSON & Co., LTD., London, E. 1.

A stand-by for nursing mothers, as well as a favourite with young children, is Virol, supplied by VIROL, LTD., 148-168, Old Street, E.C. Mothers who take this valuable preparation, who have before been unable to nurse their babies have found that they have been able to do so throughout the entire period of lactation.

Nurses and Midwives who have the anxious task of bringing up delicate babies by hand, know well how their anxiety is lightened by the use of Humanised Milk prepared with "Kepler Malt Extract," supplied by BURROUGHS, WELLCOME & Co., Snow Hill Buildings, E.C. Full particulars as to this extract will be found in Wellcome's "Nurses' Diary," a most invaluable publication to nurses.

Most people know that pure milk is too heavy a food not only for most infants, but also for many older children. Fawcett's Natural Process Barley at the present time serves a purpose of twofold value. (1) It is a diluent which renders whole milk more easily assimilable, and (2) its use economises the milk supply, no mean a contribution to the national welfare at the present time. It is supplied by FAWCETT'S, Barley Food Specialists, Castleford, Yorks.

A favourite pick-me-up of many war-workers is VI-COCOA, invigorating and refreshing, and readily obtainable in all localities.

WINCARNIS.

In long and exhausting illnesses, and in the trying period of convalescence, a large number of medical practitioners prescribe Wincarnis, prepared by COLEMAN & Co., LTD., Wincarnis Works, Ltd., as it is not only a stimulant, but contains a standardised amount of nutriment.

THE TREASURE COT.

If you are a mother, an aunt, or a god-mother, what more desirable gift can you make to baby than a Treasure Cot? A better security for complete satisfaction could not be given than that the TREASURE COT Co., LTD., will send cots free on seven days' approval, from their show-rooms at 124, Victoria Street, W. 1., almost opposite Victoria Station.

HATS.

MESSRS. SCOTT, 1, Old Bond Street, Piccadilly, W. 1., make a speciality of supplying all the regulation uniform hats of members of the Territorial Force Nursing Service, the Canadian Army Nursing Service; and of the British Red Cross Society and the Order of St. John of Jerusalem, working under the Joint War Committee and others. In addition, customers are sure to find, in their large ordinary stock, charming hats to suit the most fastidious of tastes.

MME. MILLS, of 296, Regent Street, W. 2, has a large selection of hats of every variety and style for the present season at moderate prices. She is sure to be able to meet your requirements, if you call. Why not do it now?

COATS.

Most of us are economizing in every possible direction at the present time, but we must do so with discretion, and it is very poor economy not to have a coat, which, in the expressive language of the North, where they know how rain and snow can penetrate, will "turn the weather." For that may mean the expense of a doctor's bill. So, if you need a new winter coat go with a good conscience to MESSRS. STUDD & MILLINGTON, 51, Conduit Street, Bond Street, W. 1., and secure a "Studington," which will protect you from the weather, however inclement may be that in store for us. Your own clever fingers can fashion your blouses, but it takes a clever tailor to make your winter coat. Moreover, if you have a daughter, remember you could not give her a more acceptable or seasonable Christmas present.

PROFESSIONAL LITERATURE.

There is no lack of professional literature just now in whatever branch of their calling nurses happen to be interested, and any of the books referred to would prove welcome Christmas gifts.

MESSRS. H. K. LEWIS & Co., LTD., 136, Gower Street, London, W.C. 1, have recently published a book by Miss Beatrice M. Goodall-Copestake, Examiner to the Incorporated Society of Trained Masseuses, and Teacher of Massage and Swedish Remedial Exercises to the Nursing Staff of the London Hospital, on "The Theory and Practice of Massage," to which we hope to refer at greater length in another issue. The book has 56 illustrations and is produced with the clearness and attractiveness which we associate with the publications of this firm. The price is 8s. 6d. net. A small volume of Lectures on Tuberculosis for Nurses, by Mr. Oliver Bruce, M.R.C.S., price 2s. 6d., is also valuable.

MESSRS. G. P. PUTNAM'S, 24, Bedford Street, Strand, W.C. 2.—The Books for Nurses published by Messrs. Putnam form a library in themselves, and a well-selected one, for any nurse. It is, moreover, constantly being added to with the discernment which knows just what to include and what to eliminate, which is the essential basis of a well-selected library. Several interesting new books published by this firm which are before

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